



"Providing the Absolute Best in Food and Facility Management"

NORTH SCHUYLKILL ELEMENTARY SCHOOL LUNCH MENU

May 3rd, 2010 thru June 7th, 2010

Food Service Director
Kim Shatalsky.FSD
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BREAKFAST MENU

Monday

Cinnamon Pretzel Stick
or
Sausage Wrap
(Sausage on a Stick
Wrapped in Pancake)

Tuesday

Egg And Cheese
Sandwich

Wednesday

Mini Breakfast Chicken
Sandwich

Thursday

Breakfast Pizza

Friday

Pancakes
Or French Toast

Daily Breakfast Choices:

~Assorted Whole
Grain Cereals with
Muffin

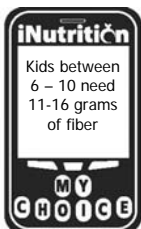
~Variety of Whole
Grain Muffins and
Cereal Bars

~Hot Entrée

All served with
100% Fruit Juice and
Low Fat Milk

Menu

Subject to Change



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<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SECOND CHOICE</u>
3 Meat Ball Hoagie Sweetened Carrots Mixed Fruit Cup 1/2 Pint Milk	4 Breaded and Oven Baked Chicken Mashed Potatoes w/ Gravy Dinner Roll, Corn Peach Cup 1/2 Pint Milk	5 Ham, Egg, & Cheese Sandwich On A Roll Potato Rounds Apple Slices 1/2 Pint Milk	6 Nacho Chips With Seasoned Ground Beef Cheese/ Lettuce, Salsa Buttery Corn Mandarin Oranges 1/2 Pint Milk	7 Toasted Cheese Sandwich Tomato Soup Sweet Peas Chilled Pears 1/2 Pint Milk	Monday BBQ Pork Riblet On A Roll Or Chicken Wrap
10 Hamburger/ Or Cheeseburger Au Gratin Potatoes Peach Cup 1/2 Pint Milk	11 Spartan Chicken Bowl (Popcorn Chicken over Mashed Potatoes Corn, Gravy) Dinner Roll Mixed Fruit Cup 1/2 Pint Milk	12 Rotini W/ Meat sauce Garlic Bread Tossed Salad Diced Pears 1/2 Pint Milk	13 Breaded Pork Chop w/ Gravy Mashed Potatoes Dinner Roll Glazed Carrots Peach Cup 1/2 Pint Milk	14 Fish Sandwich On A Bun Lettuce and Tomato Cup Carrots And Peas Pineapple Tidbits 1/2 Pint Milk	Tuesday Hamburger On A Roll Or Chicken Wrap
17 BBQ Chicken Sandwich on A Roll Oven Baked Beans Mixed Fruit Cup 1/2 Pint Milk	18 French Toast Sticks W/ Syrup Ham Slice Potato Rounds Chilled Applesauce 1/2 Pint Milk	19 Chicken Fajita On A Pita Seasoned Green Beans Peach Cup 1/2 Pint Milk	20 Chicken Parmesan Over Spaghetti w/ Sauce Garlic Bread Tossed Salad w/Dressing Diced Pear Cup 1/2 Pint Milk	21 Macaroni and Cheese Stewed Tomatoes Dinner Roll Seasoned Peas Mixed Fruit Cup	Wednesday Ham and Cheese On A Roll Or Chicken Wrap
24 CARNIVAL DAY Delhi Hoagie Baby Carrots 100% Fruit Slushie Baked Cookie 1/2 Pint Milk	25 Salisbury Steak Mashed Potatoes W/ Gravy Green Peas 1/2 pint Milk	26 Spartan Cheese Steak Red Sauce w/Peppers & Onions, Cheese Sauce Baked French Fries Mixed Fruit Cups 1/2 Pint Milk	27 Nacho Chips With Seasoned Ground Beef Cheese/ Lettuce, Salsa Buttery Corn Mandarin Oranges 1/2 Pint Milk	28 Breaded Chicken Sandwich On A Roll Seasoned Green Beans Diced Pears 1/2 Pint Milk	Thursday Turkey And Cheese Hoagie Or Chicken Wrap
31 No School Memorial Day	1 Breaded Chicken Nuggets Au Gratin Potatoes Diced Peaches 1/2 Pint Milk	2 Cook's Choice Sliced Carrots Diced Pears 1/2 Pint Milk	3 Cook's Choice Green Beans Mixed Fruit 1/2 Pint Milk	4 Cook's Choice Sweet Peas Apple Sauce 1/2 Pint Milk	Friday Pizza Slice Or Chicken Wrap
7 Hot Dog On A Roll Green Beans Diced Pears 1/2 Pint Milk					

Available Daily at Lunch: Fresh Fruit Selection
Milk Choices: Skim, 1% Flavored, 1 % White